



Choosing an Essential Oil Supplier

General guidelines

- Buying organic or naturally farmed essential oils is best, where possible
- Your supplier should supply the following information on the label
 - The botanical (Latin) name of the plant
 - Chemo Type – where appropriate
 - Part of the plant used
 - Type of extraction
 - Batch number
 - Any cautions specific to this oil

Extra guidance

Some essential oil producers are members of the Soil Association and the ATC (Aromatherapy Trade Council). The Soil Association is a company that is supporting soil and crop management. Some essential oil plants are being added to the endangered list due to overharvesting for essential oils. Purchasing from companies who abide by harvesting recommendations is important.

www.soilassociation.org

www.a-t-c.org.uk

Things to watch for

There is no regulated Therapeutic Grade standard. This is a term used by many companies to imply their oil is better than others. It is a marketing tool, not a regulated standard.

If a company suggests adding oil to water and drinking it, then you are dealing with a company that is prompting an unsafe* use of the oil.

If a company suggests using undiluted essential oils on your body on a regular basis, you are dealing with a company that is promoting an unsafe* use of essential oils.

*see IFPA's safety statement - <https://ifparoma.org/wp-content/uploads/2018/09/Statement-on-Internal-Neat-Use-of-Essential-Oils.pdf>

IFPA Ltd

82 Ashby Road, Hinckley, Leicestershire, LE10 1SN

Tel: 01455 637987 E-mail admin@ifparoma.org Web: www.ifparoma.org

08/02/2019